



## AFTER CARE

### Post Treatment Instructions for Lips

1. As with all other procedures, stay out of the sun!
2. Lips will feel swollen and dry after the procedure. The duration of overall dryness varies between clients. Minimize dryness as much as possible by using your after care cream.
3. Apply after care cream to your lips whenever they feel with a clean cotton swab. NOT your fingers, this may cause a secondary infection.
4. For just the first 72 hours following your procedure, we strongly advise you to only brush your teeth with water, toothpaste may irritate your lips and interfere with the healing process.
5. Do not use any beauty or facial creams on your lips.
6. Be gentle with your lips for the next few days, they will be prone to dryness and swelling (due to some natural formation of collagen after the procedure), and may crack easily. We suggest that extra care be taken while eating, drinking, kissing, etcetera during the healing process to prevent any damage to your lips. Acidic, oily, salty foods and alcohol may sting to consume until your lips are fully healed "avoid them if you can. You may drink all liquids through a straw during the first 72 hours.
7. Avoid swimming pools and tanning beds for two weeks after the procedure.
8. If you have ever broken out with a cold sore at anytime of your life, you carry a herpes virus, which can sometimes manifest itself in the form of a fever blister. Fever blisters may occur on the lips following lip procedures in individuals prone to this problem. In order to prevent this, you should obtain a prescription and take as prescribed by your doctor. L-Lysine, an over the counter amino acid, has also been taken in order to help avoid this outbreak, but always check with your physician.
9. Lip color retention varies widely between clients. Factors such as genetics, sun exposure/damage, lip tissue health, scar tissue, fever blisters, and implants may impact color retention. Be sure to schedule your lip touch up 30-45 days following your procedure to maximize color retention.

## Post Treatment Instructions for Eyeliner

1. We recommend that eye drops be used every one to two hours after the procedure for the first day. You may use an icepack with a clean barrier such as a tissue for ten minutes maximum per hour. It is not recommended to use ice packs after three hours. After care cream should be applied AM and PM (and in between if needed) with new cotton swabs and gently dabbed along the eyelashes of the upper and lower lids. **DO NOT DOUBLE DIP.** This means that you must always use a new cotton swab when you touch a swab to your eyes area. The after care cream is used to prevent infection and minimize crusting. Do not get any ointment into your eyes "if this happens rinse eyes with water.
2. Avoid touching the eye area except for clean cotton swabs and any clean warm compresses.
3. Keep the treatment area moist/covered with after care cream.
4. You should expect a certain amount of mattering around the eyelashes in the morning, and /or swelling of the eyelids, caused by natural nighttime fluid retention. The eye area may be cleaned gently with clean, warm compresses. Be sure to apply your after care cream to the treatment area afterwards.
5. You may experience some itchiness or irritation. Under no circumstance should you pick, scratch, or rub the eyelid margins or make any attempt to remove crusty material along the eyelashes. Removal of the crusts may result in removal of the actual pigment.
6. Baths and showers are permitted as long as the face does not become wet. Avoid swimming pools for at least two weeks. After two weeks or after the pigment scabs over (whichever comes first), you may resume all normal methods of swimming and bathing.
7. Mascara and eyeliner are not permitted for the first two weeks or until the pigment scabs over. After this time, all regular makeup can be resumed without any further complications.
8. Do not wear contact lenses during the procedure. Contact lenses may be resumed after flaking is complete.
9. For the first 24 to 48 hours, it is not unusual to experience some light sensitivity, and the use of dark sunglasses is permitted and recommended. We recommend wearing sunglasses for the first week following the procedure; sunbathing of the face is permitted only with the use of protective sunglasses.
10. Avoid tanning beds and sun exposure for two weeks or until the treatment area heals.
11. Be especially careful not to touch your eyes if you have pets, as bacteria can easily be transferred.

FAILURE TO FOLLOW AFTER-CARE INSTRUCTIONS MAY RESULT IN INFECTIONS, PIGMENT LOSS OR DISCOLORATION.

\* After Care Cream (BEPANTHEN PLUS, Vitamin E Cream, Aquaphor)